

Agenda: May 21st 2020

ESTSS Spring Workshop dedicated to the 10-year anniversary of EJPT:
Childhood Adversity: Prevalence, Outcomes, and Trauma informed Responses



9.30am: Coffee and Registration

10.00am: President of the ESTSS – Professor Jana Javakhishvili – ESTSS overview and welcome

10.10am: Professor Miranda Olf – Ten years of the European Journal of Psychotraumatology: behind the scenes of how to get published – EJPT Editor in chief

10.30am: Dr Vittoria Ardino – Adverse babyhood experiences (ABEs) and their impact over the lifespan: protective and risk factors – Italian Society of Traumatic Stress

11.00am: Coffee break

11.20am: Professor Cherie Armour – Workshop Opening address

11.30am: *Setting the scene in Northern Ireland (3x 20min talks)*

- Prevalence of mental health and childhood adversity in 11-18 year olds in Northern Ireland; Chief Investigator Dr Karen Kirby & Justin Mac Louhlainn
- Latent Class Analysis approach to childhood stressors/ adversity and their predictive ability to explain anxiety, depression and self-harm in 11-18 year olds: Dr Karen Kirby & Justin Mac Louhlainn
- Introducing the development of a trauma informed compassionate schools' paradigm. Dr Karen Kirby

Lunch: 12.30pm to 13.15pm

13.15pm: *Responding to Childhood adversity and outcomes in Northern Ireland*

- Focusing on how trauma impacts on student learning, Dr Karen Kirby.
- Focusing on how trauma impacts teacher well-being/ secondary traumatisation/ the need for self-care, Dr Donal McAteer.
- Focusing on practical classroom strategies for students and teachers, Marie Dunne.
- Focusing on optimal ways to engage the local community in supporting in the development of trauma informed compassionate schools, Dr Orla McDevitt - Petrovic.
- Focusing on Trauma Informed reflective consultations- between the school and professional team: How to maintain the trauma lens, Dr Siobhan Browne

3.00 Coffee break

3.15pm: A school's perspective on developing a Trauma Informed Compassionate School; the lived experience. Katrina Crilly: Principal of Oakgrove Integrated College; Derry/Londonderry.

3.30pm: Concluding comments: Preliminary outcomes to date. Dr Karen Kirby

3.40pm: Panel Q&A & open floor discussion

4.30pm: End