

*February 28th, 2022



MHPSS.net Emergency Briefing Kit Ukraine - Russia Conflict (2022)

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HIGHLIGHTS

- [MHPSS Resources in Ukrainian Language](#) by IASC MHPSS RG (2022)
- [Psychological first aid: Guide for fieldworkers](#) by WHO, World Vision, War Trauma Foundation (2011) (Available in [Ukrainian](#) [Russian](#) [Czech](#) [Romanian](#) [English](#))
- [How you can support your child during bombing?](#) by Child Protection - Child Protection Cluster (Available in [Ukrainian](#) [Russian](#) [English](#))
- [Humanitarian Response Plan 2022](#) by OCHA (February 2022) (Available in [Ukrainian](#) [English](#))
- [Humanitarian Needs Overview 2022](#) by OCHA (February 2022) (Available in [Ukrainian](#) [English](#))
- [MHPSS Emergency Toolkit](#) (2019)

KEY PAGES FOR UPDATES

- All SitReps can be found [here](#).
- [OCHA Humanitarian Response Ukraine Page](#)
- [MHPSS Technical Working Group Ukraine](#)
- [OCHA Ukraine Page](#)

UKRAINE MHPSS EMERGENCY RECRUITMENTS

- Updated recruitments can be found [here](#).

BACKGROUND INFORMATION

- [Rapid Psychosocial Assessment of Children in Donetsk Oblast](#) by UNICEF (2014) (Available in [Ukrainian](#) [English](#))
- [Ukraine TF Work on Operationalization of the IASC Guidelines on MHPSS during 2016-2017 – Annex to IASC Guidelines in Ukrainian](#) by IASC (2017)

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GENERAL RESOURCES

- [Psychological First Aid for Young Peers: A handbook](#) by IFRC (2021)
- [Psychological First Aid for Young Peers: A training manual](#) by IFRC (2021)
- [Global Multisectoral Operational Framework for Mental Health and Psychosocial Support of Children, Adolescents and Caregivers Across Settings \[Field Demonstration version\]](#) by UNICEF (2021)
- [Broken Links: Psychosocial support for people separated from family members: A field guide](#) by IFRC Psychosocial Centre (2014) (Available in [Russian English](#))
- [Broken Links: Psychosocial support for people separated from family members – Training module](#) by IFRC Psychosocial Centre (2014)
- [Internal Displacement due to Conflict](#) by OCHA Humanitarian Response
- [I Support My Friends Resource Kit](#) by UNICEF, Save the Children, the MHPSS Collaborative and WHO (2021)
- [Save the Children: Psychological First Aid Training Manual for Child Practitioners](#) by Save the Children (2013)
- [Psychological First Aid for Children II: Dealing With Traumatic Responses in Children](#) by Save the Children (2017)
- [Guidelines for Integrating Gender-Based Violence Interventions in Humanitarian Action](#) by IASC (2015)
- [Psychological First Aid: Facilitator's manual for orienting field workers](#) in Ukrainian by WHO (2013)
- [IASC Common Monitoring and Evaluation Framework for Mental Health and Psychosocial Support in Emergency Settings: With means of verification \(Version 2.0\)](#) by IASC (2021)
- [Caring for Volunteers: A Psychosocial Support Toolkit](#) by IFRC (2012) (Available in [Russian English](#))
- [Community-Based Psychosocial Support – Trainer's Book](#) by IFRC (2009) (Available in [Russian English](#))
- [Mental health and gender-based violence Helping survivors of sexual violence in conflict – a training manual](#) by Health and Human Rights Info (2014) (Available in [Ukrainian English](#))
- [Group management plus \(GROUP PM+\): Group psychological help for adults impaired by distress in communities exposed to adversity](#) by WHO (2020)
- [Doing What Matters in Times of Stress: an illustrated guide](#) by WHO (2020) (Available in [Ukrainian Russian Hungarian Lithuanian Romanian English](#))

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RELEVANT RESOURCES IN UKRAINIAN & RUSSIAN

- [A Common Monitoring and Evaluation Framework for MHPSS in Emergency Settings \(PPT\)](#) by MHPSS TWG Ukraine in Ukrainian
- [mhGAP Humanitarian Intervention Guide \(mhGAP-HIG\): Clinical Management of Mental, Neurological and Substance Use Conditions in Humanitarian Emergencies](#) by WHO (2016) (Available in [Ukrainian Russian](#))
- [How to overcome stress - Poster for elderly population](#) by Danish Red Cross in Ukrainian
- [Problem management plus \(PM+\): individual psychological help for adults impaired by distress in communities exposed to adversity](#) by WHO (2016) (Available in [Ukrainian Russian](#))
- [The Mental Health and Psychosocial Support Minimum Services Package \(MHPSS MSP\) - field-test version](#) in Ukrainian
- [14 Day Well-Being Kit to Cope with COVID-19](#) by IFRC in Ukrainian (2020)
- [Assessing Mental Health and Psychosocial Needs and Resources: Toolkit for Humanitarian Settings](#) by WHO & UNHCR in Russian (2013)
- [The Children's Resilience Programme: Psychosocial support in and out of schools](#) by IFRC & Save the Children in Russian (2012)

IASC RESOURCES

- [Checklist for field use of IASC Guidelines on Mental Health and Psychosocial Support in Emergency Settings](#) by IASC (2008) (Available in [Ukrainian English](#))
- [MHPSS in Humanitarian Emergencies- What Should Protection Programme Managers Know?](#) by IASC (2010) (Available in [Ukrainian English](#))
- [MHPSS in Humanitarian Emergencies: What Should Humanitarian Health Actors Know?](#) by IASC (2010) (Available in [Russian English](#))
- [Inter-Agency Referral Form and Guidance Note](#) by IASC (2017) (Available in [Ukrainian English](#))
- [IASC Guidelines on Mental Health and Psychosocial Support in Emergency Settings](#) by IASC (2007) (Available in [Ukrainian Russian English](#))
- [IASC Reference Group MHPSS Assessment Guide](#) by IASC (2013) (Available in [Ukrainian English](#))
- [Who is Where, When, Doing What \(4Ws\) in MHPSS](#) by IASC(2012) (Available in [Ukrainian English](#))
- [Advocacy Package - IASC Guidelines on MHPSS in Emergency Settings](#) by IASC (2011) (Available in [Ukrainian English](#))
- [Operational Guidance for Coordinated Assessments in Humanitarian Crises](#) by IASC (2012) (Available in [Russian English](#))
- [Guidelines for Integrating Gender-Based Violence Interventions in Humanitarian Action](#) by IASC (2015)
- [IASC Common Monitoring and Evaluation Framework for Mental Health and Psychosocial Support in Emergency Settings: With means of verification \(Version 2.0\)](#) by IASC (2021)

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MHPSS COVID-19 RESOURCES

- [MHPSS & COVID-19 Toolkit in Ukrainian](#) by MHPSS Technical Working Group in Ukraine (2021)
- [Living with the Times: An mental health and psychosocial support toolkit for older adults during the COVID-19 pandemic](#) by IASC (2021) (Available in [Ukrainian Russian English](#))
- [My Hero is You 2021: How kids can hope with COVID-19](#) by IASC (2021) (Available in [Ukrainian Russian Romanian English](#))
- [My Hero is You, Storybook for Children on COVID-19 by IASC](#) (2020) (Available in [Ukrainian Russian Czech Hungarian Latvian Lithuanian Polish Romanian Slovakian English](#))
- [Action for Heroes: a Guide for heart-to-heart chats with children](#) by IASC (2020) (Available in [Ukrainian Lithuanian English](#))
- [Operational considerations for multisectoral mental health and psychosocial support programmes during the COVID-19 pandemic](#) by IASC (2020) (Available in [Ukrainian English](#))
- [Basic Psychosocial Skills- A Guide for COVID-19 Responders](#) by IASC (2020) (Available in [Ukrainian Russian Lithuanian English](#))
- [Interim IASC Briefing Note Addressing Mental Health and Psychosocial Aspects of COVID-19 Outbreak](#) by IASC (2020) (Available in [Ukrainian Russian English](#))
- [Orientation slides based on IASC Interim Guidance Note on MHPSS Aspects of Covid-19, V1.5](#) by IASC (2020)
- [Communicating with children about death, and helping children cope with grief](#) by The MHPSS Collaborative for Children & Families in Adversity and Child Protection AOR
- [Living With Worry And Anxiety Amidst Global Uncertainty](#) by Psychology Tools (2020) (Available in [Ukrainian Russian English](#))
- [Coping with stress during the 2019-nCoV outbreak](#) by WHO (2020) (Available in [Ukrainian Russian English](#))
- [Remote PSS for elderly people](#) in Ukrainian by Polish Humanitarian Action & USAID (2020)
- [Ukraine – Emergency Response Plan for the COVID-19 Pandemic](#) by OCHA (2020)
- [Back in school during COVID-19](#) by IFRC (2020) (Available in [Russian English](#))
- [Suicide prevention during COVID-19](#) by IFRC (2021) (Available in [Russian English](#))
- [Child Friendly Activity Cards](#) by IFRC (2020) (Available in [Russian English](#))
- [Mental Health and Psychosocial Considerations During the COVID-19 Outbreak](#) by WHO/PAHO (2020) (Available in [Russian English](#))

Do you know of any relevant resource that should be here? Please send over to Valeria Florez at valeria@mhpss.net.

* This briefing kit will be updated whenever there is a relevant update.